

Sec 1 Outdoor Adventure Learning Camp

Parent Engagement Session

29 March 2022

Non-Residential Camp

Date: 23 May to 25 May

Time: 0715h to 1800h

Venue: Changi Coast
Outdoor Adventure Learning
Centre

Providing Holistic Education

- MOE aims to have every child experience a holistic education so as to **develop well-rounded individuals**.
- Outdoor Education (OE) provides **rich learning experiences** outside the classroom that can help our students develop **resilience and ruggedness**.
- **Authentic learning experiences** help our students **develop 21st century competencies** as well as competencies for **sustainable active and healthy living**.





Purpose of Outdoor Adventure Learning Cohort Camp

- Provide learning experience that cannot be replicated in the classroom
- Authentic contexts such as working with their peers to overcome challenges
- To allow students to extend and deepen their learning from classroom into real-life while navigating in a new environment

Outdoor Adventure Learning Experiences for ALL



Lower Primary	Upper Primary	Lower Secondary	Upper Secondary
Outdoor Education in Physical Education Curriculum Outdoor skills Outdoor safety Sense of Place			
Programme for Active Learning (PAL)	Cancelled due to COVID 3D2N Cohort Camp	4D3N Cohort Camp	5D4N Multi-school Cohort Camp in OBS
Cohort Camp Objectives <ul style="list-style-type: none"> • Build confidence and resilience • Value diversity through close-knit interaction opportunities • Forge camaraderie through common challenging experiences • Develop a sense of place • Lay the foundation for active and healthy living 			

8 Apr 2016

“As part of the National Outdoor Adventure Education Masterplan, all students will get to participate in three cohort camps during their school years, Acting Education Minister (Schools) Ng Chee Meng said in Parliament on Friday”.

Through the Camp, your child will be able to:

- Discover more about themselves
- Build friendships amongst their team
- Understand the importance of caring for the environment

Key Pedagogical Approaches

For OAL Cohort camps

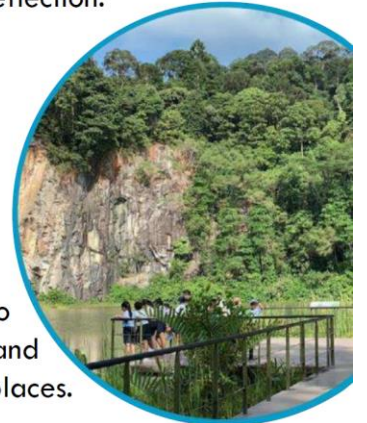


Experiential Learning Approach

Build upon past experiences and learn by making personal meaning of their new experiences through the process of reflection.

Place-Responsive Approach

Using the place as foreground to enrich students' understanding and appreciation of local places.



Changi Coast OALC



Ministry of Education
SINGAPORE

9 Changi Coast Walk S499741

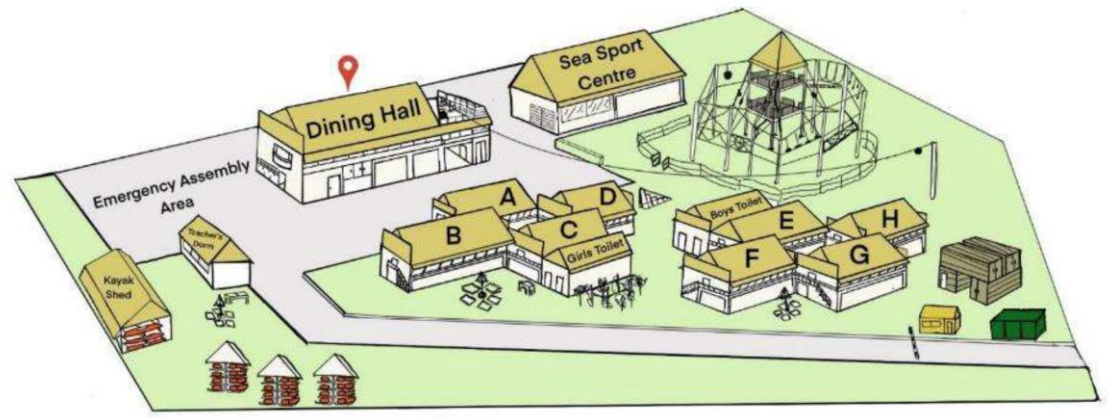


Possible activity venues in the vicinity:

- East Coast Park
- Park Connector Changi Beach Park
- Changi Point Coastal Walk
- Changi Point Park Connector



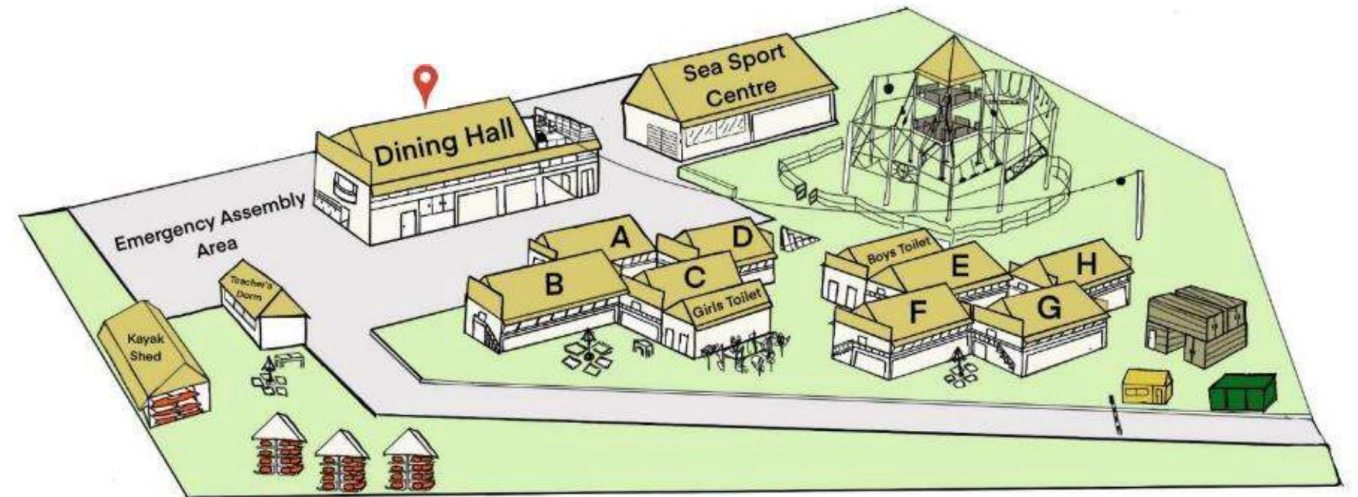
Centre Layout



What activities will your child be doing within and around the campsite?

Risk Assessment and Risk control for adventurous activity:

- Journey
- Kayaking



Initiation Activities

Activities your
child will be
doing
(Ice breakers
and
Team Bonding)



Activities your
child will be
doing
(Ice breakers
and
Team Bonding)



Low Elements



(not applicable)

Inter-group Challenges

Communicative & Collaborative Games



Team Building Activities

Developing appreciation for the outdoors and care for the environment

Connection between living things, shelter, food and water

Ecological system (Catch and release crabs)

Place-based Activities

Changi Mile



Under the Sea



Before We Leaf



H2O Story



Edible Gardens

Water and sustainability efforts

Outdoor Living Skills



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Tent Pitching
(Team-Building)



Enhancing
physical health
and well-being
(Navigation and
Outdoor Skills)



Navigation (Journey)



Sandwich Making (pri)/
Outdoor Cooking (sec)

Journey



COASTAL EXPLORATION

COMMON ANIMALS FOUND NEAR CCOALC



Learning more about the environment through trekking

Examples of Risk Assessment Identified for Journey Activity

Possible Accidents

- Dehydration leading to heat injuries
- Sunburn
- Soft tissue injury (Sprains)

Preparation

- Well fitted backpack
- Suitable clothing (Light colour)
- Covered footwear
- Adequate Hydration
- Water bottle (at least 1L)
- Breakfast before coming
- Sun Protection

List is not exhaustive



Examples of Risk Control put in by MOE/School:

List is not exhaustive

Risk Control during activity

- 2 Adult Supervisors (Instructor and Teacher) to 20 students

During the trek

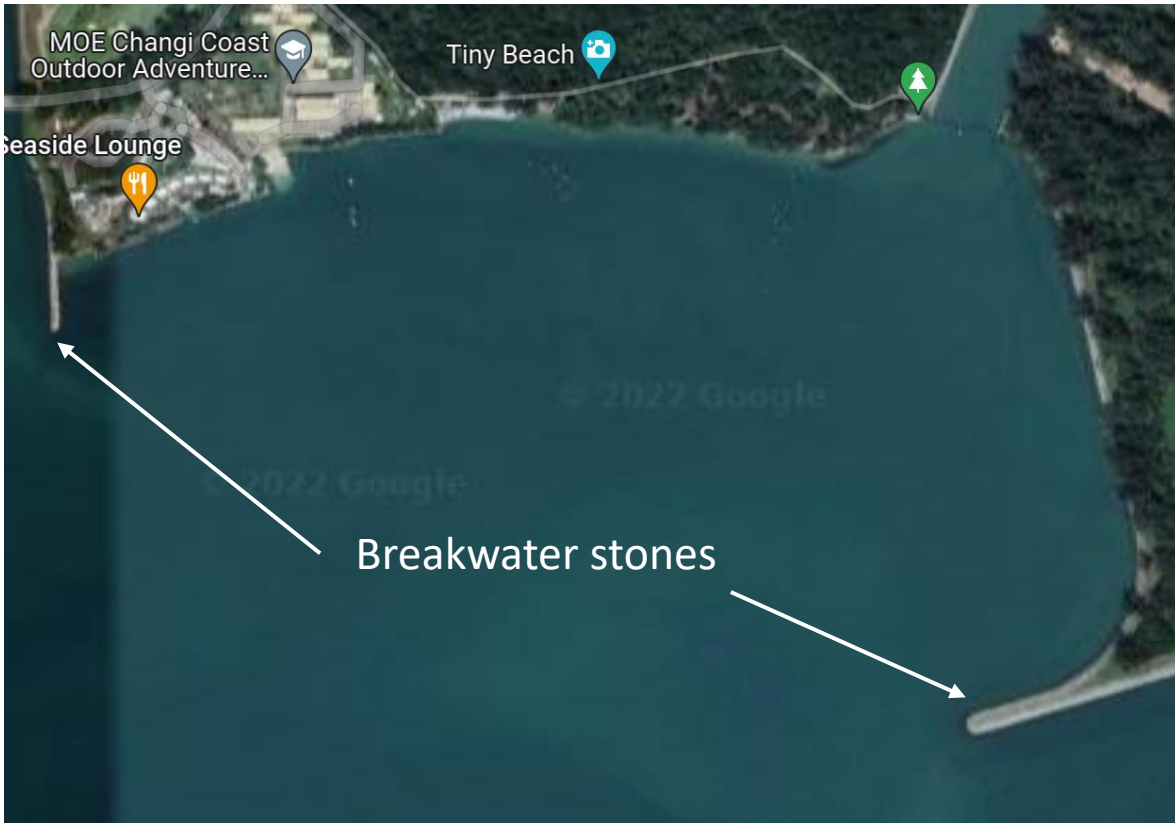
- Constant verbal check-in with students
- Constant monitoring of weather
- Water breaks and rest stops

Kayaking: Exploring coastal ecosystems from a different perspective while on water and experiencing marine life up close



Sit on top Kayaks

Landing Area/Launching Point and Kayak area



Sheltered Water: Adjacent to a shoreline. Paddlers can experience light winds, small waves and some current.

Landing area is no more than 20-minute paddle

Landing area/Launching Pt

Examples of Risk Assessment Identified for Kayaking Activity

Possible Accidents

- Drowning
- Dehydration leading to heat injuries
- Sunburn
- Stings and allergic reaction
- Blisters, Muscle aches
- Injuries caused by mishandling of kayaks (Poor lifting technique)

Preparation

- Covered footwear
- Suitable clothing (Long sleeves)
- Adequate hydration
- Water bottle (at least 1L)
- Securing loose items (Spectacles)
- Breakfast before coming
- Sun Protection

List is not exhaustive



Examples of Risk Control put in by MOE/School:

List is not exhaustive

Risk Control during activity

- 1 instructor : 5 students
- Powerboat on standby
- Beachmaster for launching
- Wearing of Personal Floatation Device
- Pairing of swimmers with non-swimmers
- Water-confidence test before launching

Other General Risk Control Measures

- Sick Bay within Changi Coast OALC
- Nearest Medical Centre (Approx 5.2 km away)

Raffle Medical: 1 Changi Business Park

- Nearest Hospital (Approx 5.4 km away)


Changi General Hospital

Other Key Safety Pointers

Inherently, there are risks involved in the conduct of these activities. MOE has conducted risk assessment for these activities and put in place appropriate measures to manage these risks to a suitable level for our students.

We would like to assure you that the safety of our students is of the highest priority. All necessary precautions to ensure the safety of our students will be taken.

**Where applicable, students will have the autonomy to participate at the level of challenge that they are comfortable with.
(Challenge by Choice)**

A group of children are standing on a wooden walkway in a lush, green forest. They are looking towards a large, ancient-looking tree on the right. The children are wearing various colored shirts, including yellow, blue, and black. The scene is bright and natural.

All activities takes place daily
from 23 May to 25 May
Term 2 Week 10
(0715h to 1800h)

- **Non-residential Camp**
- **Every Child goes through a unique experience (They will not go through all the mentioned activities)**

Who will be
taking care
of your
child?

MOE OUTDOOR ADVENTURE EDUCATORS (OAEs)

- Full-time Outdoor Teachers
- Stringent selection criteria and process
- Equipped with:

Facilitation skills

Environmental skills

Organisational skills

Safety skills

Technical skills

Instructional skills



Outdoor Adventure Educators (OAEs) are proficient in outdoor skills and trained in Wilderness First Aid

Who will be
taking care
of your
child?



Camp Commandant
Mr Ashraf
CM of L4
PE teacher of L2, L4 & L7

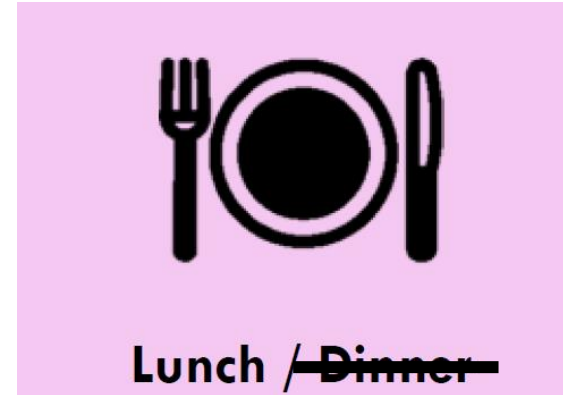
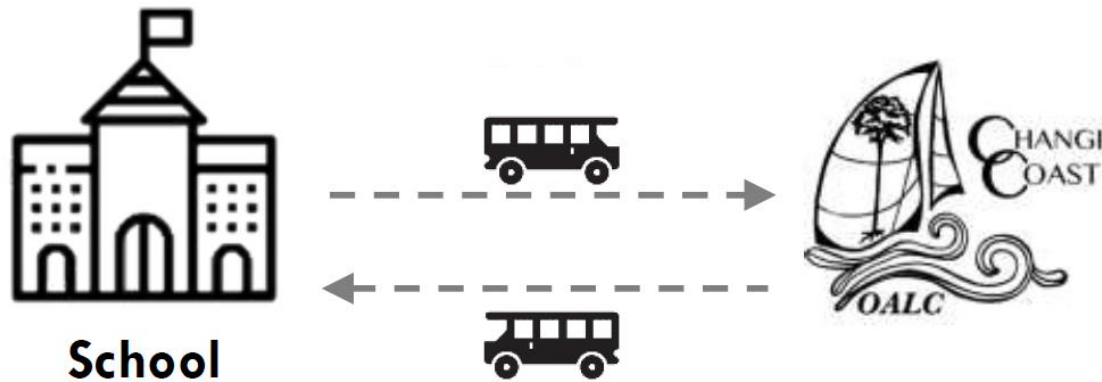


Assistant Camp Commandant
Mr Ng Tzee Bin
PE teacher of L5 & L6

- Mr Paul Tan – HOD PE/CCA
- Mr Chia Cheng Siong – YH for Sec 1
- 14 to 16 CMs of Sec 1
- School Counsellor

Cost of the camp – Fully Subsidised by MOE

Transportation



Packing List (for non-residential camps)

To be given to
your child in
due course

School will
bring in a
vendor to sell
camping
equipment

A. COMPULSORY ITEMS		QUANTITY
1.	Day pack	1
2.	Non-disposable water bottle/s (at least 1-litre in total)	1
3.	Thermometer	1
4.	Raincoat / poncho / waterproof jacket with hood	1
5.	Buff (for hygiene purposes when wearing helmets)	1
6.	Long pants (compulsory for <u>Low Element Activities</u> and <u>Kayaking</u>) <i>Note: Jeans are not recommended</i>	1
7.	Sun Protection – sunblock, hat/cap	sufficient
8.	Face mask (1 to be worn; 1 as a spare and kept in resealable bag)	2
9.	Resealable bag with name label (e.g. Ziploc bag) (for keeping of masks)	1
10.	Cutlery (for bento lunch/outdoor cooking)	1 set
B. IMPORTANT ITEMS		
1.	Spare change of clothes + shoes (a must for students doing Kayaking)	1 set
2.	Personal medication (including inhalers and spare canisters) – declare to teacher	If applicable
3.	Insect repellent	1
C. THINGS THAT ARE GOOD TO HAVE		
1.	Spectacles (spare) and spectacle band/hook	If applicable
2.	Hand sanitiser (especially for students who are allergic to certain brands of hand sanitiser)	1
3.	Small towel	1

Appeal to parents

Consent period:

- Accurate information about your child to be provided
- Talk to your child on the vast experiences he/she will go through

During the camp period:

- Have a full breakfast before reporting
- Be punctual in reporting to school (Morning traffic)
- Sleep early the night before
- Packing of personal medication (Panodol, **inhaler for students with asthma**)
- Ensure your child is well before coming to school

Common FAQ

Qns: Is my child still required to attend school if consent is not given to go for the non-residential camp?

Ans: As it is still a normal school day, your child is still expected to report to school, unless he/she is not well, covered by official document.

There will be other activities planned for him/her by the school.



Thank You

Questions

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Answers

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